

YOUR SPIRITUAL INHERITANCE INVENTORY

Answer the questions in each of the areas below to the best of your knowledge or with what first hits you. You can also choose to ask these family members if they are available and you are comfortable doing so.

Maternal Grandparents

Religious/Church Affiliation _____

Level of Involvement:

- _____ Regular attender
- _____ Semiregular attender
- _____ Occasional attender
- _____ Nonattender

View of God:

- _____ Punishing God
- _____ Accepting God
- _____ Noninvolved God
- _____ Nonexistent God

Comments: _____

Their beliefs regarding faith, good and evil, life and death, prayer, and so on: _____



Note differences present between grandfather and grandmother for any of these questions:

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Paternal Grandparents

Religious/Church Affiliation _____

Level of Involvement:

- _____ Regular attender
- _____ Semiregular attender
- _____ Occasional attender
- _____ Nonattender

View of God:

- _____ Punishing God
- _____ Accepting God
- _____ Noninvolved God
- _____ Nonexistent God

Comments: _____

Their beliefs regarding faith, good and evil, life and death, prayer, and so on: _____

Note differences present between grandfather and grandmother for any of these questions:

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Parents

Religious/Church Affiliation _____

Level of Involvement: _____ Regular attender
_____ Semiregular attender
_____ Occasional attender
_____ Nonattender

View of God: _____ Punishing God
_____ Accepting God
_____ Noninvolved God
_____ Nonexistent God

Comments: _____

Their beliefs regarding faith, good and evil, life and death, prayer, and so on: _____

Note differences present between father and mother for any of these questions: _____

Yourself

Religious/Church Affiliation _____

Level of Involvement: _____ Regular attender
_____ Semiregular attender
_____ Occasional attender
_____ Nonattender



View of God:

- Punishing God
- Accepting God
- Noninvolved God
- Nonexistent God

Comments: _____

Your beliefs regarding faith, good and evil, life and death, and so on: _____

Who are the people who have been the most influential to you in the development of your faith? _____

What are your beliefs regarding prayer? _____

How often do you pray?

- Continually
- Daily
- Frequently
- Sometimes
- Seldom
- Never
- During difficult times



Now looking and thinking over your spiritual inheritance, what do you see as:

The benefits/blessings:

- 1.
- 2.
- 3.
- 4.
- 5.

The baggage (barriers/obstacles):

- 1.
- 2.
- 3.
- 4.
- 5.